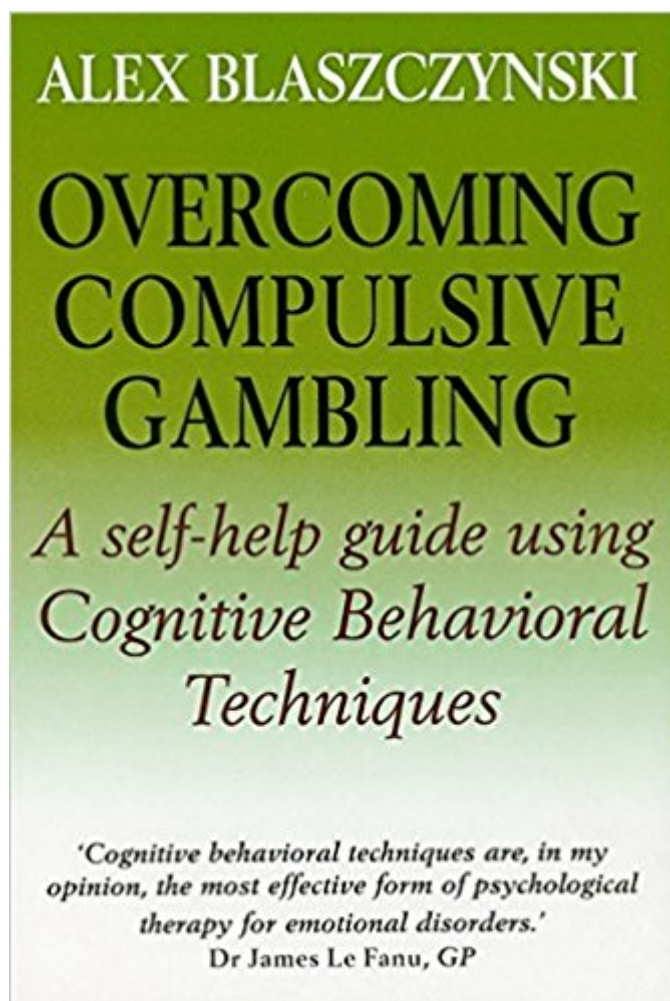


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# Overcoming Compulsive Gambling (Overcoming Books)



## Synopsis

Overcoming Compulsive Gambling has been developed as a self-help manual by Professor Alex Blaszczynski. He pioneered the cognitive behavioral techniques described in this guide, and they are now taught in countries all over the world. For those to whom gambling is not just a 'flutter' but a compulsion adversely affecting every aspect of life, for their families and friends, and for those working in the medical profession, this guide will prove indispensable.

## Book Information

Series: Overcoming Books

Paperback: 192 pages

Publisher: Robinson Pub (September 1998)

Language: English

ISBN-10: 1854874845

ISBN-13: 978-1854874849

Product Dimensions: 5.1 x 0.6 x 7.8 inches

Shipping Weight: 6.4 ounces

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## Customer Reviews

Professor Alex Blaszczynski is a practising clinical psychologist and member of the Psychiatry Research and Teaching Unit, School of Psychiatry, University of New South Wales.

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